

March Madness Quick Reference Rules Sheet

In an effort to help speed the overall process on activity day, I wanted to send along a few of the rules that we use when playing games. Please let me know if you have any questions regarding these rules.

1. 3-on-3 basketball is played guys vs. guys and girls vs. girls. 3 people are allowed on each team plus 1 sub player (4 total per team). The sub is not required and teams can enter with just 3 players. Time limits will be based on number of team entries.
2. Junior varsity teams must consist of 7th-9th grades only. Varsity teams can have 7th-12th grades on them.
3. Volleyball is co-ed with rally scoring. We will play 6 person teams, with each team permitted to have 1 sub (7 total allowed). At least 1 guy and 1 girl must be on the court for each team at all times. Winning score will be determined by the number of team entries.
4. Free throw contest for the girls will be the most baskets made from behind the free throw line. The amount of time given will be determined by the number of entries.
5. 3 Point contest for the guys will be the most baskets made from the player's choice spot behind the 3 point line. Player may choose any position to shoot from, but should keep in mind that rebounds are run down by adults and will take time to get balls back in place to shoot.
6. For teens that do not have a team to play on when they arrive, we keep a list of players who want to play and put together wild card teams or add them into other teams that may need additional players. Some of the best teams we have had in the past came from wild card teams so make sure your teens know they can still win and have fun!
7. The slam dunk contest will be for guys that want to show off skills on an 8 foot, 9 foot, or regulation 10 foot rim. This is the biggest event we have each year and has made some wonderful memories for players, youth pastors, fans, and even the helpers here at our church.
8. We are going to try to do the ping pong tournament again this year, as it was a huge success with the teens the past few years. This will be held in a tournament style random bracket. Players that sign up must pay attention to the announcement for when they will be called on to play their match.